

#### INVITATION TO PARTICIPATE IN CHILD HEALTH RESEARCH

# **Children's Memory for Pain**

Is your child 7<sup>1</sup>/<sub>2</sub> to 16 years old?

Does your child experience frequent pain? (e.g. headaches, stomachaches)

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#### BACKGROUND

 Children may remember only the most threatening parts of a painful experience, even if the pain is mild and brief.

## OUR RESEARCH

• We're studying what kids remember about painful experiences so we can develop a memory-based intervention to help children cope with pain.

- For part one, your child will talk about two times when they felt hurt.
- For part two, your child will do a memory task & a cold water activity.

BENEFITS

- Your child will get to choose a small prize or \$5 cash after each part.
- Parents & guardians will be entered into **two \$100 draws**.

### For more information or to participate, contact us:

Phone: 966-8314 Email: <u>focusonmemory@stmcollege.ca</u> Online: <u>www.usask.ca/childpain/memory</u>

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This study has been approved by the Behavioural Research Ethics Board



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